

# HERITAGE PERTH

## INDOOR POOL



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### **PERTH AND DISTRICT INDOOR POOL**

Located at 3 Sunset Boulevard, the Perth & District Indoor Pool offers a variety of programs, including swimming lessons, aquafit classes, therapeutic classes, Masters and Scuba lessons and public, family, senior and adult swim times. The Pool is the home of the Perth Stingrays Aquatic club and 2008 Olympic contender Mike Brown. The Annual Indoor Pool Triathlon is held every spring.

There is a multipurpose room, as well as sauna and pool time for rent. Information regarding new rooms for rent at the expanded Stewart School facility will be posted as it becomes available.

### **FACILITIES AND PROGRAMS**

Pool facilities include:

- A large swimming pool with deep and shallow ends, diving board, slide, and water toys
- A seating area on the deck for parents and friends to watch lessons or other activities
- A sauna on deck
- A large recreation room for various activities
- Full changing rooms with showers and lockers
- Qualified lifeguards on duty at all times

A wide variety of programs are offered:

- Swimming lessons for all ages and levels
- Aquafit classes
- Therapeutic exercising
- Seniors swimming
- Adult swimming
- Public swimming
- Family swimming
- Scuba lessons
- CPR training
- Pool rental
- and others

For bookings and general information, contact the Perth & District Indoor Pool at:

3 Sunset Boulevard Perth, Ontario, K7H 0A1

Phone: (613) 267-5302

Fax: (613) 267-3916

For Pool Schedules and Rates, and Triathlon Information, connect to the Town of Perth website at [www.perth.ca](http://www.perth.ca), go to Community Services and look under Parks and Recreation for Perth and District Indoor Swimming Pool.



**LOCATION:** Located at 3 Sunset Boulevard, south of Dufferin Street (Highway #7)